

TRAINING AND FAMILY INTERVENTIONS SCIENTIFIC DAY

**Date: Tuesday 16 June 2009 from 9 am to 7 pm.
Sherbrooke University
Pavillon de l'Education**

This Scientific day precedes the 56th **International Conference of the International Commission on couple and family relations (ICCFR)** to be held at Sherbrooke University from 17th to 19th June 2009 on the theme :

"Training education and support to professionals and all those who work and with families"

The annual international Conference of ICCFR is held in high repute and as each year, should attract participants coming from many countries and thus, also gather our lecturers from Quebec.

This day is organised in co-operation with :

ICCFR
CIRCF
International Commission
On Couple and Family
Relations

SHERBROOKE
UNIVERSITY
University of Sherbrooke

NAFO
North American Family
Organization



Scientific Day 2009

The Commission was created in 1953 by the International Union of Family Organisations (forerunner of the World Family organisation). Its annual international conferences are devoted to the implementation of a innovative and modern contribution to the issues and challenges to which couples and families are confronted worldwide. Members coming from all the continents represent organizations and individuals working in the frame of couple and family consultations and therapy, education to relation, social services, mediation, psychology or psychiatry, research and social and family policies, family courts and justice as well as family institutions. This evolution of the Commission led to the creation of a forum devoted to an innovative multidisciplinary dialogue on couple and family relations and assistance services provided by professionals.

NAFO

The North American Family Organisation

<http://www.onafamille.org/>

The mission of the North American Family Organisation is to share, distribute and develop a corpus of knowledge related to the family, through the setting up of many international networks, composed themselves of various bodies.

There is particular concern of the recognition of the family as fundamental in society and place for the transmission of values. NAFO is a regional Family corporation covering the territories of Canada, the United States and Mexico.

Members of the Scientific Committee:

Benoît Clotteau, Director of the Institute for the development of a community assistance to children and families, Psycho-education, couple and family therapist and psycho-dramatist.

Francine Cyr, Ph.D in Psychology and Lecturer at the University of Montreal.

Serge J. Larivée, Ph.D in Education and Lecturer at the University of Montreal.

Justin Lévesque, Professional social worker (TSP) and family mediator.

Robert Pauzé, Ph.D in Psychology, Department of Psycho-education, Sherbrooke University.
Special Adviser : **Michel Lemay**, Psychiatrist at Sainte Justine Hospital.

TRAINING AND FAMILY INTERVENTIONS Programme of the Scientific Day

08-09 am Welcome and registration of participants
09-10.15 am Opening lecture of the Scientific Day
Welcome speech by **Mario Laforest** Vice-Rector of Sherbrooke University and Director of the international relations of the University.

Titular Professor of the Education Faculty of Sherbrooke University, of which he has been the Dean from 1993 to 2001. **Mario Laforest** has a Ph.D in Sociology, University of Paris VII. He is Director of the International relations Agency of Sherbrooke University since October 2003.

Introduction by **Jean Toupin**, scientific Director of GRISE (Groupe de recherches sur les inadaptations sociales de l'enfance)

Jean Toupin is titular professor at the PsychoEducation Department of Sherbrooke University since 1997. Also Scientific Director of the Research Group on childhood social maladjustment.

10.15 am Coffee break and bookstand
10.30 -12.00am **Workshops 1 to 5** (choice between 5). Workshops are devoted to the presentation of research works or communications. They are divided into 5 themes; each of them includes: a workshop on training, a workshop on interventions and a workshop on research activities.
12.00 am Lunch
1.30 pm - 3 pm **Workshops 6 to 10** (choice between 5).
3.00 pm - 3.15 pm Coffee break and bookstand
3.15 pm - 4.15 pm **Workshops 11 to 14** (choice between 4).
5.00 pm – 5.45 pm Summary of workshops by **Francine Cyr**

Francine Cyr is a psychologist and lecturer (aggregation) at the University of Montreal. She developed several fields of interest and educational topics among which child and adolescent psychopathologies and family ruptures: risk and resilience.

6.00 pm - 7.00 pm Welcome and registration (for those who did not participate on the 1st day).

TRAINING AND WORK WITH FAMILIES

LIST OF WORKSHOPS BY THEME

FIRST THEME – WORKING WITH FAMILIES BELONGING TO DIFFERENT CULTURES

Workshop 1 : *Working with families in multisocieties.*

This workshop will include research findings and principles of a social and transcultural practice in a multicultural setting.

Presenter: **Jaswant Guzder**

Dr. Jaswant Guzder is an associate professor in the McGill Department of Psychiatry, head of Child Psychiatry and director of Child Day Treatment at the Jewish General Hospital, and an adjunct professor in the McGill Faculty of Education. She continues to serve as a senior consultant with the Cultural Consultation Service at the Jewish General Hospital. She is also a psychoanalyst and supervisor for the Art Therapy masters program at Concordia University. Dr. Guzder worked in Mumbai, India from 1980 to 1984. Her child and family practice in Montreal is multicultural. She has graduate students working with South Asian and African populations.

Workshop 10 : *The VIFS Programme (aiming at a sustained family work)*

The VIFS project (viser une intervention familiale soutenue) created by the Parent's House of Quebec and financed by the School Commission of Montreal is a work programme aimed at the prevention of behavioural disorders and aggressiveness among young individuals coming in majority from multi-ethnic families. This project is in its 5th year in several primary schools of the Ahuntsic district of Montreal. It is based on a family approach which is global and intensive aiming at reconciling the young collective child and his parents with the school.

Presenters: **Julie Mercier**, psycho educator and professional at IFACEF and **Alain Martel**, psycho educator and professional at IFACEF.

IFACEF : Institute for Community Assistance to the Child and the Family - gives the preference to family therapy and psychodrama and trains many practitioners to these methods.

SECOND THEME - ASSISTING FAMILIES WITH CHILDREN SUFFERING FROM BEHAVIOURAL DISORDERS

WORKSHOP 2 : *DEVELOPMENT AND IMPLEMENTATION OF EFFICIENT REHABILITATION PRACTICES AMONG ADOLESCENTS AGED 12-14 COMMUNITY EXHIBITING BEHAVIOURAL DISORDERS*

From its design to its implementation, we will describe an intensive community rehabilitation programme developed in partnership with five youth centres (Quebec) in the frame of a research developmental approach. This programme is targeted to adolescents from 12-14 years suffering from severe behavioural disorders, and also includes their parents. It finds its inspiration in practices that are deemed efficient for the treatment of severe behavioural disorders e.g : multi-systemic therapy, behavioural cognitive approach and Kazdin's programme dealing with the development of educational practices among parents "Parent Management Training".

Presenters: **Normand Durocher** and **Denis Lafortune**.

Normand Durocher, Criminology (Montreal) MBA (Sherbrooke), co-ordinator for the development of a rehabilitation community programme for adolescents BOSCOVILLE 2000.

Denis Lafortune, Ph.D (psychology), Lecturer (aggregation) at the School of Criminology, University of Montreal and researcher at the International Center for compared Criminology and at the Research Center of the Institute Philippe Pinel, Montreal.

Workshop 6 : *Working with street children and adolescents*

Working with young people - members of a street gang.

The workshop describes a qualitative research work made on the twelve parents of boys who participated in street gangs. Possible modes of interventions will be discussed.

Presenter: Sylvie Hamel.

Sylvie Hamel, Ph.D in psychology is lecturer at the Department of Psycho education of the University of Quebec, Trois Rivières. She is also a regular researcher at the International Center for compared criminology - Regrouping UQTR, fellow researcher at the Research and Intervention Groups on psychosocial and school adaptation and at the Research Institute on the Social Development of the Youth (IRDS).

Workshop 11 : *Working with young girls suffering from behavioural disorders.*

This workshop describes the results of an intervention experiment made on young girls who found themselves in difficulties related to indirect violence and aggressiveness among girls.

Presenter: Pierrette Verlaan

Pierrette Verlaan, Psycho educator, lecturer at the Department of Psycho education, Sherbrooke University. Obtained M.A. in psycho-education from the University of Montreal, then a PhD in Psychology at the Concordia University. Member of the Research Group on social maladjustments among children; she leads cross studies on the psychosocial development of girls behavioural problems.

THIRD THEME - FAMILIES WITH A PROBLEM OF ABUSE AND NEGLECT

Workshop 3 : *Family uprooting, an ever-increasing problem*

CS SS Jeanne-Mance in Montreal delivers specific services to people who instantly change places. Several of these people spent their childhood in ill-functioning family circles or in institutions. This presentation proposes some perspectives as regards the possible consequences of these difficult initial conditions on the present situation of those individuals. For that purpose, we will illustrate with four clinical cases the trajectory of those people and suggest guidelines to be privileged in our work.

Presenters: Sylvain Picard and Celine Mercier

Sylvain Picard, practitioner, researcher and psycho educator at the RC Lisette-Dupras. **Celine Mercier**, professor at the University of Montreal and scientific Director of the RC Gabrielle-Major, RC Lisette-Dupras and RC Montreal-West.

Workshop 7 - *Struggle against neglect towards children in their family: ecosystemic perspective of the phenomenon and social response*

The workshop will present in details the main elements of an intervention system with families that have neglectful behaviours towards their children. This system is based on an ecosystemic vision of neglect which gives the possibility to take some recoil vis a vis being essentially of an individual nature. Implemented in Quebec for more than 15 years, the system was reviewed on several occasions during that period to guarantee its further development and validation.

Presenter: Carl Lacharité, PhD

Carl Lacharité is the Director of GREDEF (Research Group on Child Development and the Family). Professor at the Department of Psychology of the University of Quebec, Trois-Rivières.

Workshop 12: *Children with problematic sexual behaviours (CSP) : present state of scientific knowledge*

The aim of our presentation is to draw a balance of our knowledge concerning the definition and measurement of problematic sexual behaviours, related factors and the most promising interaction technique in order to alternate such behaviours.

Presenter: **Marc Tourigny**

Marc Tourigny is professor at the Department of psycho education of Sherbrooke University. His main fields of interest are sexual aggression perpetrated against children and his present research projects relate with the victims of sexual aggression as well as with adolescents who are sexual aggressors.

FOURTH THEME - WORKING WITH FAMILIES IN CRISIS

Workshop 4: *Working with partners with violent behaviour : an essential part of the solution*

Following a short historical presentation of working with partners who have violent behaviours in Quebec, the speaker will deal, through the description of an intervention programme, with its obstacles, challenges and perspectives both as regards practice, research and training.

Presenter: **Jean-François Vézina**

Jean-François Vézina, Director and social worker at GAPI, active in the field of marital violence for more than 20 years. Also lecturer at the School for social services of the Laval University; collaborated on many research works with CRI-VIFF (Quebec and Montreal).

Workshop 8: *Working with suicidal persons by involving possible survivors*

In this workshop we will examine a systemic approach to the suicidal crises developed by the presenter. The purpose is to help participants to feel comfortable when they meet their suicidal clients together with their family in order to discuss the principle of equity, that is *avoid to make to others what you do not want them to do to you*. A mode of management of the problems to the benefit of all actors will be proposed to the participants.

Presenter: **Suzanne Lamarre**

Suzanne Lamarre is a psychiatrist at the Hospital Center St Mary where she acts as the head of the Department of Psychiatry since 2004. She is an assistant professor at the Department of psychiatry of the Mc Gill University. She mainly works with a suicidal "clientele".

Workshop 13 : *Crise-Ado-Family Programme*

In the frame of this workshop we will discuss about an approach in **the design and assessment of a programme of short and intensive intervention during a crisis with families of adolescents**. Later we will present the findings of research works related to the evolution of youngsters and families assisted by this programme. We shall conclude the presentation with the evolution of young people and families assisted by this programme. We will conclude with the difficulty to implement this type of programme and the necessity to proceed to a mature analysis of this type of programme.

Presenters: **Robert Pauzé, Luc Touchette et Jacques Joly**

Robert Pauzé, Luc Touchette et Jacques Joly are professors at the Department of Psycho education of Sherbrooke University. For many years, they've been working on the design implementation and evolution of intervention programmes in practical life. They closely collaborated with the assessment programme Crisis-Ado-Family-Childhood developed for several years on the territory of Monteregie.

FIFTH THEME : CRISIS IN THE COUPLE

Workshop 5 : *Family re-organisation following a rupture*

The psychic stakes of the rupture of a marital relation as well as the necessary structural and relational restructuring it requires both for adults and children must be well understood if we want to intervene efficiently on families which are experiencing such a crisis. Only a multi-factorial and systemic approach is capable of giving a description of that experience among adults and children and to identify the most revealing signs of the adaptation of families to that crisis. The present workshop provides a cross-perspective between clinical aspects and research in families where parents are separated.

Presenter: Francine Cyr

Francine Cyr, PhD, professional researcher in psychology at the University of Montreal, child family and couple psychologist, family mediator and co-founder of an intervention model for children whose parents are separated or divorced.

Workshop 9 : *The choreography of family life*

During this experimental workshop participants will become aware of the various balances and imbalances generated at each stage of the couple and family life.

Inspired by the technique of family sculpture, choreography distinguishes itself by its specific dynamic which enables us to better understand the different relational games at stake in a family system.

Presenter: Paule Blain-Clotteau

Paule Blain-Clotteau obtained a state diploma of Educator in France. She also received training in psychodrama and is also a family therapist. Co-founder of IFACEFC (Institut de Formation et d'Aide communautaire à l'Enfant et à la Famille) where she is responsible for training.

Workshop 14 : *Conjugality inside a recomposed family : characteristics, stability, rupture*

Different surveys made on representative samples of Canadian and American populations confirm that recomposed families separate in higher numbers than bi-parental intact families and that this rupture happens earlier in their trajectory and that they separate more frequently than before.

During this communication, we will present the factors and trajectories associated to the stability/instability of these unions and illustrate the mechanisms that put themselves in place in the two groups, once difficulties emerge.

Presenters: Marie-Christine Saint-Jacques and co-workers

Marie-Christine Saint-Jacques, Ph. D in social services. Professor and researcher at the social services department of the Laval university, Quebec. Member of the Research Center on the Adaptation of Young individuals and Families at risk (JEFAR) and the Youth Center of Quebec (CJQ).